

## KERI'S ONE PAGE PROFILE

## What people like and admire about me

- Wicked sense of humour
- Leads by example
- Supportive
- Driven
- Knowledgeable
- Feeder of snacks

## What is important to me

- My mum was a care worker and caring is in my DNA. Seeing vulnerable people being poorly treated is very upsetting to me and I feel compelled to act
- Working autonomously/self-managing and trusting those around me to do the same
- My boys, my husband, my mum and my dog 'Moo'
- My team who are my work family and make me laugh everyday
- Supporting and mentoring others to learn and develop themselves. Hard work is a huge part of my self-identity, asking me to slow down is like asking Mo Farah to power walk
- Being true to myself
- Travel and seeing as much of the world as I can, while I am still on it
- Giving back and looking after others where I can
- Botox and fillers
- Seeing the funny side of life

## My recipe for success

- I like a good debate and encourage the people around me to say what they think, we can disagree and then commit to a way forward
- I don't have all the answers so if you see something obvious that I may have missed, tell me. I won't mind
- I love leadership and self-improvement books, so if you read a good one recommend it to me – I like to share learning
- I am a very resilient person and can often miss when others are struggling with something I have moved on from so tell me what you need from me to close the loop
- I sometimes need to be coached through a problem I am stuck on. I prefer this to being given the answer
- Procrastination frustrates me. I can get impatient when I see something needs fixing as I tend to make quick decisions and move on to the next thing
- I believe that hierarchy should be respected but when it is too rigid it stifles creativity, good ideas are all around us so be open to them

